

FRODSHAM FESTIVAL OF WALKS

2026



FRIDAY 24 APRIL - MONDAY 4 MAY 2026

www.frodshamfestivalofwalks.uk

BOOKING, WHICH OPENS IN EARLY MARCH, IS HIGHLY RECOMMENDED TO SECURE YOUR PLACE



WELCOME TO **FRODSHAM** **FESTIVAL OF** **WALKS**

Please join us and be part of this year's Festival of Walks running from Friday 24 April – Monday 4 May, inclusive.

We have planned in excess of 30 wide-ranging walks for you - some especially for children and families, dog walks, pram walks, pub walks, foraging and even a bat walk.

You can watch the sunset or, after a long day in the open air, you can enjoy an evening of mindfulness and meditation in a beautiful forest setting.

Most of our walks explore the countryside around our local towns and villages, and many have an interesting theme about the local townscape, history, geology or wildlife.

Visit our website (www.frodshamfestivalofwalks.uk) and Facebook page (www.facebook.com/FrodshamFestivalOfWalks) to see further details about registering for walks, and all the important information before attending a walk.



Frodsham Festival of Walks **BOOKING FORM**

Please return to:

Frodsham Festival of Walks
2 Lansdowne
Frodsham WA6 6QB

or place in the collection box in:

Frodsham
Community Centre

by Friday, 17th April
2026 at the latest.

Walk number and date:	
Name:	
Phone number:	
Email address:	
Emergency contact name and phone number:	
Number of walkers in your party including yourself:	

WHAT YOU NEED TO KNOW

Frodsham Festival of Walks thanks you for your interest in our programme. Before you join us there are a few things that we need to tell you, to ensure that you are safe, well- equipped, and have all the information you will need, before you register for one of our walks.

Frodsham Festival of Walks does not accept any responsibility for children, personal injury or loss of property when attending any of our walks. Individuals must take out their own insurance if they consider it necessary.

The time given in the brochure is the start time, and to assist you, each walk has the postcode, grid reference and what3words descriptors.

To ensure that no changes have been made since the brochure's print-date please consult the website the day before your planned walk.

Postcodes are only approximate and if parking is not suggested, then please allow time to park and arrive promptly. Walks will start punctually so please arrive at the meeting point in good time to enable the register to be checked or completed and a safety briefing given. All sections of the registration sheet must be completed.

This year we have made improvements to our on-line booking system and would encourage everyone, where possible, to make an online booking via our website: www.frodshamfestivalofwalks.uk. For those of you that do not wish to use the electronic booking system there is a booking form included in this brochure on page 2. This requires you to complete and return it to the Frodsham Festival of Walks collection box at Frodsham Community Centre, or by post to 2, Lansdowne, Frodsham, Cheshire WA6 6QB. All bookings need to be received by Friday 17th April, 2026 at the latest. One booking form per walk is required. This is the only way to be guaranteed a place on the walks.

On all walks, places are limited, so booking really is essential. Please visit your local libraries if you need any help registering for the walks. Library staff will help you if, and when, they can.

All of our walks are circular unless otherwise stated.

Distance and duration of walks are approximate and allow for break / lunch stops, where relevant.

Please wear suitable clothing and footwear and be prepared for unpredictable weather. On sunny days please bring water, consider using a wide brimmed hat and sun protection. An inadequately dressed person could affect the safety and enjoyment of the whole group. We reserve the right not to take a person who is not appropriately equipped or who is thought by the leader, unlikely to be able to cope with the pace or length of the walk.

Please ensure you have sufficient food and especially drink, for the duration of the walk. If accompanying vulnerable others, please ensure that they also have adequate supplies.

Remember to bring any medication you may need during the walk and a mobile phone or easily accessible information to contact your next of kin.

Whether dogs are allowed is clearly indicated in the walk summary. Where dogs are welcome, we ask that it is one dog per walker and on a short lead, in most instances. Owners must carry both water for their pet and 'poop' bags to use when required, and only dispose of in a designated bin.

Walkers under 16 years of age or those who are deemed vulnerable are welcome and must be accompanied by an adult who accepts responsibility for them.

We ask that walkers refrain from smoking and vaping during the walk. You must notify the leader if you wish to leave the walk.

If travelling by car do consider car sharing.

We also ask car owners to please show consideration for local residents and businesses when parking.

You may be able to use the 'On Demand' Rural Minibus Service. For details please visit: www.cheshirewestandchester.gov.uk/itravel.

In the event of adverse weather or unpredictable obstacles, the leader may change the route or distance of the walk in the interests of health and safety.

Once you have left the walk, the leader will no longer be responsible for you.

If the walk/event is cancelled (e.g. leader's illness, adverse weather) FFW will endeavour to contact you. However, please look at our website - www.frodshamfestivalofwalks.uk for information updates. Also check Frodsham Festival of Walks Facebook page. In the event of a walk being cancelled, the leader or other organisers will make every effort to be at the meeting point to advise anyone who does turn up.

All walks are led by experienced leaders, volunteers, or representatives from our sponsoring organisations. As always, we are very grateful to the organisations who have sponsored or supported our walks.

We all look forward to welcoming you to one or more of the many walks and events on offer this year!

1 Friday 24th April - 9:30

Gruffalo Pram Walk at Delamere

Jen Argent

Meet at the entrance to the Visitor Centre, Delamere Forest

Grid Ref: SJ 5488 7036 Postcode: CW8 2JD
<https://w3w.co/stared.preheated.dinner>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

Join us for a 1.5-mile circular pram and child friendly walk around the Gruffalo Trail at Delamere Forest. It will take approximately 45 minutes to 1.5 hours depending on any little legs who may be joining the walk. The paths can be a little bumpy but are still pram friendly with the occasional short hill. The walk will include a short stop when we find the Gruffalo, approximately halfway round. We will have a rest for any refreshments you would like to bring. There will also be the option of staying for further refreshments at the Visitors' Centre Cafe afterwards. Max – 25 prams. Dogs are welcome on this walk, a maximum of one dog on a short lead per walker.

2 Friday 24th April - 10:00

Appleton and Grappenhall Walk

Sue Griffiths

Meet at Car park on Swinley Forest Drive just off Stretton Road, Warrington

Grid Ref: SJ 6219 8280 Post Code: WA4 4NT
<https://w3w.co/ramp.crowned.page>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

An 8 mile walk starting from Stretton Road, Stretton, Warrington. There will be a lunch stop at Grappenhall Heys, where there is a lovely walled garden, cafe and toilets. The walk will include Pewterspear Green, Grappenhall village and some of Lumb Brook Valley and Millennium Green. Fairly easy walk with few a stiles and mainly on surfaced paths with easy gradients. Bring lunch. Max – 25. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

3 Friday 24th April - 10:00

Boot Inn circular

Ruth Sadik

Meet at unpaved car park at the Boot Inn, Boothsdale, Tarporley

Grid Ref: SJ 5301 6725 Postcode: CW6 0NH
<https://w3w.co/hoot.hopes.commenced>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

An undulating 6.5-mile circular walk with some steep narrow climbs and steps. We take in Little Switzerland with its Bronze Age fort, touch on the Sandstone Trail in various places, through Primrose Hill Wood and down through Tirley Garth, a beautiful conference centre which is sometimes open to the public. There was a lovely tea room here that offered fabulous refreshments but it closed several years ago and now we must make our way back to the Boot for food and drink. Max – 20. No dogs please.

4 Saturday 25th April - 10:00

Fields, Forest and Sandstone

Fergus Campbell

Meet outside Frodsham Townfield Allotments: junction between Langdale Way and Townfield Lane, Frodsham.

Grid Ref: SJ 5266 7783 Post Code: WA6 7LY
<https://w3w.co/tunnel.apples.counts>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

This 12.5-mile circular hike from Frodsham explores woodland trails, open ridges, and sandstone paths with sweeping views of the Mersey estuary and Welsh hills. A varied, moderately challenging route, it combines forest tracks and farmland before looping back to Frodsham—a rewarding day's walk through Cheshire's finest countryside. Max – 30. No dogs please.

For more information, please visit our website:
frodshamfestivalofwalks.uk
or email: frodshamfow@gmail.com

5 Saturday 25th April - 10:15

Family Treasure Trail

Chris Kimberley

Meet at Runcorn Railway Station concourse

Grid Ref: SJ 5090 8270 Postcode: WA7 5UB
<https://w3w.co/modes.scarcely.wedge>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

This family-oriented treasure trail of approximately 2 miles will commence at Runcorn Station, with train connections available from Frodsham. It will take in parts of Runcorn Old Town, the Promenade and Runcorn Hill with clues to be solved, mysteries to be unravelled and stops for refreshments along the way.
Max – 30. No dogs please.

6 Saturday 25th April - 13:30

Overton Hills Sampler

Allan Gerrard

Meet at the Methodist Church Car Park, Kingsley Road

Grid Ref: SJ 5248 7688 Post Code: WA6 6BA
<https://w3w.co/atomic.tracks.approvals>

Supported by: Frodsham Methodist Church

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A 4.5-mile afternoon ramble via Middle Walk, Dunsdale, Woodhouse Hill, Shepherds Houses, Mickledale, Heathercliffe and returning to the church for refreshments.
Max – 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

7 Saturday 25th April - 14:00

Frodsham Marshes and the proposed solar farm

Ruth Basden

Meet Just inside the entrance to the Saltworks Farm Playing Fields car park in Ship Street

Grid Ref: SJ 5241 7866 Postcode: WA6 7PY
<https://w3w.co/claps.prom.exams>

Supported by: CAF

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

Join us for a walk of about 3 miles looking at the natural world on part of Frodsham Marshes, near to the River Weaver. The walk will last about 2.5 hours and we will be looking at plants, trees, insects and hopefully some birds. There are plans to put solar panels on much of Frodsham Marshes, to generate 'clean' electricity for homes and local industry. For more information about the project, you could visit this website: www.frodshamsolar.co.uk Come and visit the Marshes before the (likely) construction work begins.
Max – 20. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker



8 Sunday 26th April - 10:00

Alvanley Cliff

Colin Chalmers

Meet at Alvanley & Manley School,
Manley Road, Alvanley

Grid Ref: SJ 4968 7407 Postcode: WA6 9DD
<https://w3w.co/crockery.axed.chuck>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A 5-mile exploration of the footpaths around Alvanley, including a short section of the Sandstone Trail. The walk involves several ascents and one steep descent, so poles may be of use. Park at Alvanley School.

Max – 25. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

9 Sunday 26th April - 10:45

Forest school

Tim Kirwin

Meet at Frodsham Woods car park, off Simons Lane, Frodsham

Grid Ref: SJ 5182 7609 Postcode: WA6 6HE
<https://w3w.co/marathons.commented.embraced>

Booking is essential: Please email tim@wilderthings.co.uk for booking instructions, and to book your place(s) on this walk.

This session can accommodate up to 15 children aged 5 and above, accompanied by one or two adults. We will have a 10-minute walk onto the site that we will be working in. We will build a fire, cook bread and make mini shelters in the woods, for approximately 2 hrs in total. Children should wear comfortable outdoor clothing and sturdy footwear. Max – 15 children. No dogs please.

10 Sunday 26th April - 12:00

Small Things Like These

James Caldwell

Meet at The Curious Cat bookshop, 50 Main St, Frodsham

Grid Ref: SJ 5149 7774 Postcode: WA6 7AU
<https://w3w.co/cafe.marked.edits>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

We will undertake a walk around Frodsham Marshes of approximately 4.5 miles. The path is mostly level on metalled roads and potholed tracks, but with occasional puddles or muddy stretches. All those attending will be asked to **download an Audiobook - Small Things Like These by Claire Keegan** (it was turned into a movie last year with Cillian Murphy). The Audiobook lasts 2 hours, all those who attend will need access to a smartphone and details on how to purchase the audiobook in advance can be supplied. We will stop at 3 locations to talk about the Audio Book up to the same point (no-one is allowed to speed it up or skip bits!) and talk about the themes.

Max – 20. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

11 Sunday 26th April - 13:45

Forest school for Families

Tim Kirwin

Meet at Frodsham Woods car park, off Simons Lane, Frodsham

Grid Ref: SJ 5182 7609 Postcode: WA6 6HE
<https://w3w.co/marathons.commented.embraced>

Booking is essential: Please email tim@wilderthings.co.uk for booking instructions, and to book your place(s) on this walk.

This session can accommodate up to 15 children aged 5 and above, accompanied by one or two adults. We will have a 10-minute walk onto the site that we will be working in. We will build a fire, cook bread and make mini shelters in the woods, for approximately 2 hrs in total. Children should wear comfortable outdoor clothing and sturdy footwear. Max – 15 children. No dogs please.

For more information, please visit our website:
frodshamfestivalofwalks.uk
or email: frodshamfow@gmail.com

12 Monday 27th April - 09:15

Chester Circular

Dave Passey

Meet at Frodsham Station Platform 1 Ticket Machine at 09:45 to purchase your ticket for the 09:30 train to Chester.

Grid Ref SJ 5186 7789 Postcode: WA6 6PN
<https://what3words.com/cigar.looks.lions>

Alternatively, if you wish to start from Chester; meet outside the main Chester Railway Station entrance at 10am for a 10.10 start.

Grid Ref SJ 4130 6697 Postcode: CH1 3NS
<https://w3w.co/shared.guilty.aside>

Supported by: Probus walking group

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

Setting off from Chester Station, this 5-mile walk will follow a route away from the City Centre along the canal and following the City Walls. We will walk through the Boughton District of Chester with its Grade 2 listed "Shot Tower". The walk takes a path around the Roodee (The oldest racecourse still in operation anywhere in the world, according to the Guinness book of World Records), crosses the River Dee via the Railway Bridge, and passes "Nowhere" (claimed to be the inspiration for the Beatles song "Nowhere Man"). We will then return to the railway station via the Chain Bridge and Grosvenor Park. Walkers should note this walk includes several flights of stairs, and would not be suitable for persons with limited mobility. Max – 30. No dogs please.

13 Monday 27th April - 10:30

Warrington Circular

Kay Hall

Meet at the entrance to Victoria Park, Warrington on Knutsford Road (signed "Large, free car park straight ahead").

Grid Ref: SJ 6179 8751 Postcode: WA4 1DU
<https://w3w.co/dame.drips.rear>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

During this 9-mile walk, we will walk from Victoria Park to Bank Quay railway station to meet anyone joining us by train. Next stop is the Transporter Bridge (one of only three remaining in the UK, though in somewhat derelict condition). We then walk to the site of Arpley Meadows (where the only wartime bomb that involved loss of life in Warrington was dropped). Lunch will be shortly before we return to Victoria Park (anyone parked here could leave the walk after 7 miles). We will continue to the cemetery (where George Formby is buried) before returning to Victoria Park and then the station. This is NOT a scenic walk but contains elements of history and interest along the way. Expect road and tarmacked footpaths. Max – 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.





14 Monday 27th April - 18:30

Sunset at Old Pale Heights

Fiona Barry

Meet outside Delamere Station Cafe in the car park

Grid Ref: SJ 5561 7039 Postcode: CW8 2HZ
<https://w3w.co/costly.copying.shuttered>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A 3-mile evening walk with outstanding views over Cheshire, weather permitting. The start point is Delamere Station, where there is limited parking using the RingGo app. We will walk past the Visitor Centre (additional parking available) to join the Sandstone Trail, and proceed up to Pale Heights, to enjoy the views before descending through forest paths towards the station approach. The path ascends and descends steeply in sections, so poles may be useful.
Max – 25. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

15 Tuesday 28th April - 10:00

Sandiway Walk

Phil Carswell

Meet at Village car park adjacent to Sandiway County Primary School.

Grid Ref: SJ 6056 7140 Postcode: CW8 2ND
<https://w3w.co/exhale.alienated.match>

Supported by the Vale Royal Walkers

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

The 3.5-mile route takes us across open countryside, with no buildings in sight, circling the old sand quarry. There are no stiles and although the route does have some inclines it isn't too steep. Max – 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker

16 Tuesday 28th April - 10:30

Above Helsby and Frodsham

Allan Davies

Meet at Helsby Quarry Nature Reserve car park

Grid Ref: SJ 4910 7497 Postcode: WA6 9PS
<https://w3w.co/lectured.screaming.routine>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A 7-mile circular walk in the countryside around Helsby and Frodsham over a variety of terrain offering spectacular views across the Mersey Estuary from the vantage points of Frodsham and Helsby hills. The walk starts and finishes at the car park for Helsby Quarry Nature Reserve. We will use a variety of paths, including fields, woodland paths, rocky ground, plus a couple of short road segments. The walk is mostly flat, however, there are some short sections that involve steep climbs/descents. Bring snacks and drinks as we will have the opportunity for a lunch stop on Frodsham Hill. Max – 25. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

For more information, please visit our website: frodshamfestivalofwalks.uk
or email: frodshamfow@gmail.com

17 Wednesday 29th April - 09:50

How railways opened up the North Cheshire hills

Robert Anderson

Meet at Frodsham Station Car Park ticket machine

Grid Ref: SJ 5187 7786 Postcode: WA6 6PT
<https://w3w.co/rally.metals.boss>

Supported by: North Cheshire Community Rail Partnership and the Frodsham & District History Society

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

On this 5.5-mile walk you will have an opportunity to learn about how the railway opened up tourism in north Cheshire, and a return walk over the hills back to Frodsham. Parking available at the station, charges apply. We will start at Frodsham station and learn what the impact was on the community, then take the train to Helsby, where Sue Lorimer will explain how Helsby got its passenger station, after which we will walk back across the hills to Frodsham. There are no refreshment stops on the way so you might wish to bring a drink and a snack. Max – 25. Dogs are welcome: One dog per walker on a short lead.

18 Wednesday 29th April - 10:30

Hartford Hall circular

Ruth Sadik

Meet at the Village car park, Weaverham Road, Sandiway

Grid Ref: SJ 6056 7144 Postcode: CW8 2YH
<https://w3w.co/rely.merge.roost>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A pretty 8-mile circular walk that explores rural landscapes and ridges above a sand quarry, with spectacular views towards the Pennine range on a clear day. We pass by Hartford Hall Hotel where we can have coffee and a comfort stop before continuing along the dual carriage way for a mile. Depending on time and peoples' preference, we may take a short detour to the Weaver canal before backtracking and continuing onto Pettypool through woodland to return to the car park. Max – 30. Dogs are welcome: One dog per walker on a short lead.



19 Wednesday 29th April - 13:30

Weaver Woods

Glyn Morris

Verge outside the Leigh Arms pub
by Acton Swing bridge

Grid Ref: SJ 6015 7609 Postcode: WA8 4QT
<https://w3w.co/tiling.evenly.parked>

Booking is essential: Visit our website
www.frodshamfestivalofwalks.uk for booking
instructions, and to book your place(s) on this walk.

A lovely 5.6-mile walk along canal tow-paths,
through woodland and along country lanes. Some
of the paths may be muddy and uneven; there
are some steps and bridges across streams with
no handrails. There may be a possibility of a stop
at a cafe for refreshments and toilets; this will be
confirmed (or not) at the start of the walk
Max – 30. No dogs please.

20 Thursday 30th April - 09:30

Acton Bridge Circular

Peter Purcell

Meet on the grass verge outside the
Leigh Arms, Acton Bridge, where
A49 crosses Weaver Navigation

Grid Ref: SJ 6015 7609 Postcode: CW8 4QT
<https://w3w.co/tiling.evenly.parked>

Supported by: The Cestrian Ramblers

Booking is essential: Visit our website
www.frodshamfestivalofwalks.uk for booking
instructions, and to book your place(s) on this walk.

The walk is approximately 6 miles long with less
than 300 ft of ascent. The first part will largely be
across fields to Crowton. Then some walking on
country lanes to Pickering Gap where we join the
Weaver Navigation. We then proceed along the
side of the Navigation to Dutton Lock where we
visit the River Weaver hydroelectric plant before
returning to the Leigh Arms where participants can
order a meal for about 1pm
Max – 30. No dogs please.





22 Thursday 30th April - 09:40

Art Below and Views Above

Eamon Kilduff

Meet at 09:40 Platform 2 Frodsham Station to purchase ticket for the 09:56 train to Runcorn.

Grid Ref: SJ 5186 7790 Postcode: WA6 7DJ.
<https://w3w.co/punt.shovels.waddled>

Alternatively, if starting from Runcorn, meet at the front entrance of Runcorn Railway Station at 10:15 for a 10:20 Start.

Grid Ref: SJ 5088 8268 Postcode: WA7 5UB
<https://w3w.co/swing.first.pump>

Supported by: Probus Walking Group

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A 9-mile walk from Runcorn Station to Frodsham Station taking in a range of environments. From Runcorn Station the walk passes the Buddhist Temple Peace Garden with its "Bronzed Chedi" and on to view the magnificent murals painted below the Silver Jubilee Bridge. From there the walk follows along the Manchester Ship Canal to the point at which the Bridgewater Canal previously entered the Ship Canal. After passing the path of the disused locks, the route passes the Runcorn War Memorial and the statue of Runcorn's WW1 Hero "Todger" Jones, V.C., before entering Runcorn Hills Quarries, with their sheer cliff faces and magnificent views across the Mersey Estuary, (on a clear day Blackpool Tower can be seen from the top of "Frogs Mouth"). The walk then continues through Weston Village to Clifton Village, along the River Weaver before crossing Frodsham Swing Bridge. We then follow a path along the River Weaver and the M56 Viaduct to where another collection of magnificent murals painted on the supports of the viaduct can be viewed. The final section of the walk takes a path back to Frodsham Station via footpaths across open fields. Note: Walkers wishing to return to Runcorn can go by train to Runcorn or Runcorn East Station, or by the X30 or X2 bus from outside the Bears Paw Public House, Frodsham.

21 Thursday 30th April - 10:30

Helsby Hill Health Walk

John Dearden

Meet at The Old Bank Tea Rooms, Helsby

Grid Ref: SJ 4881 7548 Postcode: WA6 0AB
<https://w3w.co/prominent.fatigued.messing>

Supported by: The Ramblers/ Health Walks

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

On this 2-mile walk, we start along the A56 towards Frodsham, as far as Bates Lane, then along Bates Lane as far as Old Chester Road. We then ascend a steep narrow path for about 100 yards, then along Cobblers Lane until we reach Hill Road North. We go up the road as far as a small car-park, then walk up further, through woods to rejoin the road, then along tracks for the final ascent, passing through the rampart of a Bronze Age hill fort to the top of Helsby Hill, 463 feet above sea-level. We return via the rampart, then turn right and follow the path down to Hill Road South and Alvanley Road. We turn right and follow Alvanley Road down to Crescent Drive, then down Crescent Drive to the A56 and the Old Bank Tea Rooms. The route may be muddy so stout walking boots are recommended, and poles may help on the descent. Max – 30. No dogs' please.

For more information, please visit our website: [frodshamfestivalofwalks.uk](http://www.frodshamfestivalofwalks.uk) or email: frodshamfow@gmail.com

23 Thursday 30th April - 18:30

Meditation & Mindfulness Walk - Delamere Forest

John Kirby

Meet next to Station House Café,
Station House, Station Road, Delamere.

Grid Ref: SJ 5561 7039 Postcode: CW8 2HZ
<https://w3w.co/costly.copying.shuttered>

Booking is essential: Visit our website
www.frodshamfestivalofwalks.uk for booking
instructions, and to book your place(s) on this walk.

A gentle 3-mile meditative walk, with ample time to be still and appreciate the energy of the forest. Using all our senses we will explore what it means to go deeper into nature and our connection with it. It is a joy to be fully present with the wonders of nature whether it be trees, plants, animals, birds, or insects. There will be two guided meditations as part of the walk. You may wish to bring something to sit on if the ground is wet. No prior experience necessary. The paths are widely used and easy to navigate. Please wear appropriate footwear and clothing while taking the weather into consideration.

Max – 30. No dogs please.

24 Friday 1st May - 09:30

An introduction to birdsong in Frodsham Woods

John Davies

Meet at Frodsham Woods car park.

Grid Ref: SJ 5182 7609 Postcode: WA6 6HE
<https://w3w.co/marathons.commented.embraced>

Booking is essential: Visit our website
www.frodshamfestivalofwalks.uk for booking
instructions, and to book your place(s) on this walk.

An introduction to some of the common birds that can be seen and heard in Frodsham Woods. We shall try to identify some of the bird songs and calls that we hear, as well as those birds that we see. A gentle stroll of about 2 miles and lasting for 2 hours, that will involve some slopes. Binoculars would be useful but not essential.

Max – 20. No dogs please.

25 Friday 1st May - 10:00

Chester, Christleton and Littleton.

Glyn Morris

Meet by the Thomas Brassey statue, Chester
Railway Station

Grid Ref: SJ 4130 6696 Postcode: CH1 3DA
<https://w3w.co/grand.plan.ships>

Booking is essential: Visit our website
www.frodshamfestivalofwalks.uk for booking
instructions, and to book your place(s) on this walk.

A largely flat 10-mile walk through a variety of interesting urban and rural environments - including canal side, fields and woodlands; and using some surprising footpaths as we return to Chester.
Max – 20. No dogs please.

26 Friday 1st May - 10:40

Frodsham's Hills

Chris Kimberley

Meet at Frodsham Station car park

Grid Ref: SJ 5187 7786 Postcode: WA6 6PN
<https://w3w.co/case.logic.patio>

Booking is essential: Visit our website
www.frodshamfestivalofwalks.uk for booking
instructions, and to book your place(s) on this walk.

A 7-mile walk that will be taking in the start of the Sandstone Trail, and Overton Hill, providing a circular route including Frodsham Woods and Woodhouse Hill. The walk is timed to start following the arrival of trains from Runcorn and Warrington.

Max – 20. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

For more information, please visit our website:
frodshamfestivalofwalks.uk
or email: frodshamfow@gmail.com

27 Saturday 2nd May - 10:00

Foraging

David Winnard

Meet outside Frodsham Townfield Allotments: junction between Langdale Way and Townfield Lane, Frodsham.

Grid Ref: SJ 5266 7783 Postcode: WA6 7LY
<https://w3w.co/tunnel.apples.counts>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

This 2-mile walk will provide a real opportunity for people to try some seasonal foraging with David Winnard. David will help you to safely find and identify the plants and fungi on your “doorstep”. He will help you to ascertain whether they are edible, medicinal or poisonous, and how they fit into the larger eco-system. He likes you to get hands-on with the items you find, so expect to be nibbling on the tastier wild food you collect as we walk around. David is one of the most respected foragers and naturalists in the North of England and North Wales and will guide you into the world of wild food and natural history.

Max – 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

28 Saturday 2nd May - 10:00

The Oakmere Way

Fiona Barry

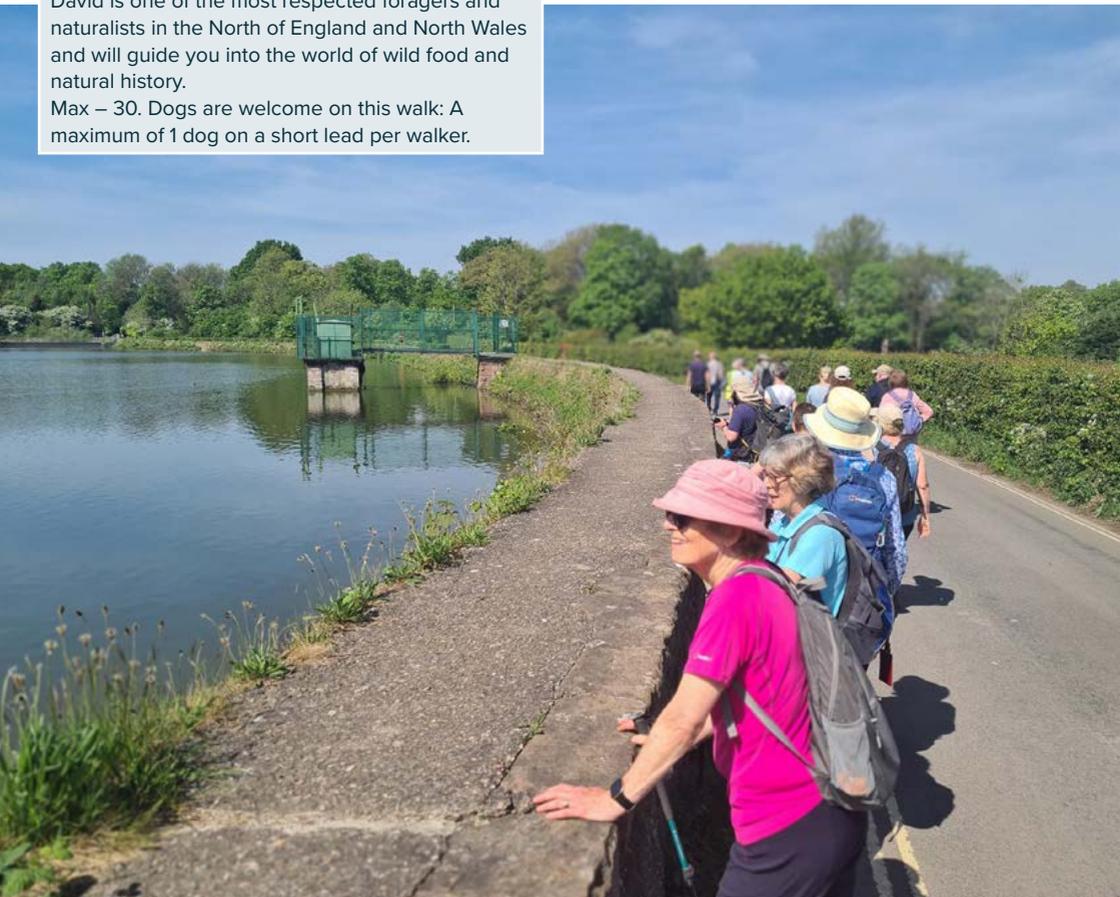
Meet outside Delamere Station Cafe in the car park

Grid Ref: SJ 5561 7039 Postcode: CW8 2HZ
<https://w3w.co/dairy.goose.weekday>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A circular 5-mile route starting at Delamere Station, and walking the Oakmere Way to Stoneyford Lane, then returning along part of the Delamere loop. Glorious views over the sand quarry. There is parking at Treetops car park adjacent to the cafe, charges apply. Refreshments are available at start and finish in the cafe.

Max – 25. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.



29 Saturday 2nd May - 13:00

Trees

David Winnard

Meet at Frodsham Wood car park. off Simons Lane, Frodsham

Grid Ref: SJ 5182 7609 Postcode: WA6 6HE
<https://w3w.co/marathons.commented.embraced>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A 2-mile walk through the woods to discover more about some of the more obvious plants and trees in our countryside; taking approximately 2 hours. We will walk and discuss some of the mythology and folklore that go along with them, explaining why, according to Celtic mythology, Hawthorn bakes the sweetest bread, why Sycamore is the lover's tree and why burning Elder wood may invite death in to the family. We will also look at how we tell each of the tree species apart, looking at a variety of features and getting to grips with telling Oak from Beech, Ash from Elm and Birch from Cherry. This walk will be a leisurely stroll through the woods to appreciate these gentle giants of our countryside and give you a new appreciation of them.
Max – 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.



30 Sunday 3rd May - 10:00

Frodsham Habitats

David Winnard

Meet at Frodsham Wood car park. off Simons Lane, Frodsham

Grid Ref: SJ 5182 7609 Postcode: WA6 6HE
<https://w3w.co/marathons.commented.embraced>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

Have you ever wondered about the wide variety of plants and wildlife we can see around us in Frodsham? Join David on a 6-mile meander around the fringes of Frodsham, gaining an understanding of how the variety of terrain suits different flora and fauna. This walk will include marshland, farmland, hillside woodland and some more urban areas. Uneven paths, mud and some steeper sections may be expected.
Max - 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

31 Sunday 3rd May - 11:00

Hob Hey Wood Walk and bat talk

Mark O'Sullivan

Meet outside Frodsham Townfield Allotments: junction between Langdale Way and Townfield Lane, Frodsham.

Grid Ref: SJ 5266 7783 Postcode: WA6 7LY
<https://w3w.co/tunnel.apples.counts>

Supported by Hob Hey Wood Friends Group

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

This 2-mile walk will be around Hob Hey, Frodsham's ancient woodland, enjoying the beautiful spectacle of spring. We will discuss the wood's history, its wildlife, and explore the many wildflowers in bloom. We will also discuss the Bat Monitoring Programme and, if Tom is available, we may see a bat!
Max – 30. No dogs please.

For more information, please visit our website:
frodshamfestivalofwalks.uk
or email: frodshamfow@gmail.com

32 Sunday 3rd May - 14:00

Frodsham Wood and Moor

Neville Bester

Meet at Frodsham Wood car park, off Simons Lane, Frodsham

Grid Ref: SJ 5182 7609 Postcode: WA6 6HE
<https://w3w.co/marathons.commented.embraced>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

This is a moderate 4.8-mile walk, around Frodsham Woods (the old golf course), then south to Snidley Moor Woods (passing Woodhouse Hill), before returning along part of the Sandstone Trail. The route is varied, mainly along footpaths, with a few moderate inclines. The footpaths may be muddy, especially after rain, so stout footwear is essential. Max – 30. Dogs are welcome on this walk: A maximum of 1 dog on a short lead per walker.

33 Monday 4th May - 10:00

Woods, Water and Woodhouse

Fergus Campbell

Meet outside Frodsham Townfield Allotments: junction between Langdale Way and Townfield Lane, Frodsham.

Grid Ref: SJ 5266 7783 Postcode: WA6 7LY
<https://w3w.co/tunnel.apples.counts>

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

This 10.5-mile circular walk is a gem for keen hikers — a full-day adventure through peaceful countryside, gentle paths, and wide-open views. With virtually no steep climbs, it's all about rhythm and scenery: perfect for stretching your legs, clearing your head, and soaking up the quiet beauty of the landscape. Max – 30. No dogs please.



34 Monday 4th May - 10:00

Acton Bridge Circular Pub Walk

Eamon Kilduff

MEETING

Grid Ref: SJ 5990 7465 Postcode: CW8 3RA
<https://w3w.co/races.clogging.guess>

Supported by: Probus Walking Group

Booking is essential: Visit our website www.frodshamfestivalofwalks.uk for booking instructions, and to book your place(s) on this walk.

A pub walk of approximately 4.5-miles starting at The Hazel Pear Pub Car Park, Acton Bridge. The walk is along quiet country roads and paths to Pickering's Lock and then follows the River Weaver to Dutton Locks before returning via footpaths to The Hazel Pear, where those who wish to may join the walk leader for lunch. Max – 30. No dogs please.

Please remember to save the dates in your calendar or diary for next year's exciting event:
Friday 23rd April – Monday 3rd May, 2027



Most of the images in this brochure were taken by walkers during previous Festivals of Walks. We would love to include your images next year. Please share them on Facebook and tag our page [@frodshamfestivalofwalks](#) Please send them to our email address too at: frodshamfow@gmail.com

The Frodsham Festival of Walks Steering Group – Fiona Barry, Chris Burrows, Eamon Kilduff, Glyn Morris, Chris Kimberley, and Ruth Sadik, would like to thank all their walk leaders, back-markers, volunteers and supporters, without whose tireless efforts the festival simply would not happen.

A special mention should be made of Neville Bester for his sterling work on our social media campaign.

